

# Q&A with Leyla: Are dental mouth guards toxic?

written by Dr. Ronald Hoffman | August 14, 2025

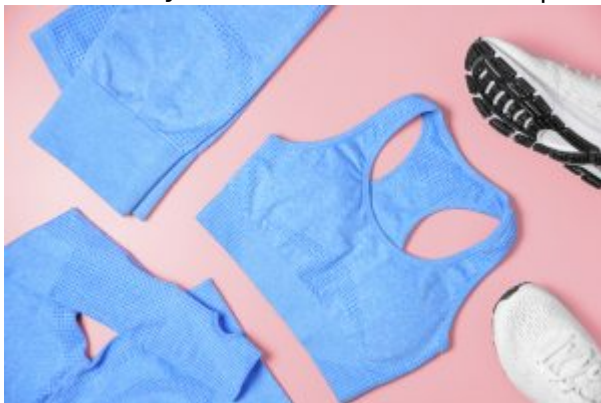


Is the FDA phasing out natural thyroid? Study: Lithium for Alzheimer's disease; Hallucinations from a UTI? Are dental mouth guards toxic? Thoughts on AI-enhanced EKGs; Advice for IBS; And more!

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## Intelligent Medicine Radio for May 17: Sports Bras

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Analyzing Trump's plan to roll back soaring drug prices; Sports bras eliminate bounce but may take a toll on women's backs; Causes and treatments for pulmonary hypertension; Is the "poop pill" a possible treatment for SIBO? Is Laetrile effective for cancer? If you're eating a diet rich in fruits and vegetables, do you still need probiotics? And more!