

# **ENCORE: Practical Solutions to a Condition that Plagues Millions of Women: Urinary Incontinence, Part 2**

written by Dr. Ronald Hoffman | February 16, 2023

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## **A Comprehensive Strategy for Menopause, Part 1**

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## **A Comprehensive Strategy for Menopause, Part 2**

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## **ENCORE: Intelligent Medicine Radio for December 31, Part 1: Menopause Woes**

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## **Q&A with Leyla, Part 1: Chocolate**

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# **ENCORE: Intelligent Medicine Radio for December 24, Part 1: Fending off Cognitive Decline**

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## **Natural Ways of Managing Menopause, Part 1**

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## **Natural Ways of Managing Menopause, Part 2**

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## **Q&A with Leyla, Part 1: Cortisol Levels**

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## **Intelligent Medicine Radio for August 6, Part 2: Heat Stroke**

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