

ENCORE: Leyla Weighs In: Navigating Holiday Temptations and Immune Boosting Tips

written by Leyla Muedin MS, RD, CDN | November 29, 2024

ENCORE: Intelligent Medicine Radio for September 16, Part 1: Fructose

written by Dr. Ronald Hoffman | November 29, 2024

Intelligent Medicine Radio for November 19, Part 1: B Vitamins vs. Covid

written by Dr. Ronald Hoffman | November 29, 2024

Intelligent Medicine Radio for October 29, Part 1: Diet Matters for Mental Health

written by Dr. Ronald Hoffman | November 29, 2024

Leyla Weighs In: Thyroid Balance

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ENCORE: Leyla Weighs In: Gluten-Free Diet and Type 1 Diabetes

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ENCORE: Leyla Weighs In: What's Causing Your Gray Hair?

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Intelligent Medicine Radio Show for October 16, Part 1

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Q&A with Leyla, Part 2: High Cholesterol and Cognitive Decline

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A Natural Solution to Foot and Leg Problems, Part 1

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