

# **ENCORE: Q&A with Leyla, Part 2: Is salt making me fat?**

written by Dr. Ronald Hoffman | October 3, 2024

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# **Why the Standard Treatment for Hypothyroidism Often Fails, Part 1**

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# **Why the Standard Treatment for Hypothyroidism Often Fails, Part 2**

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# **Q&A with Leyla, Part 2: Hypothyroidism**

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# **ENCORE: Q&A with Leyla, Part 2: Regaining Taste and Smell After Covid**

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# **ENCORE: Intelligent Medicine Radio for**

# **May 6, Part 2: Carcinogenic Nitrites in Processed Meat**

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# **Intelligent Medicine Radio for December 3, Part 1: Regular Sauna Use Confers Anti-Aging Benefits**

written by Dr. Ronald Hoffman | October 3, 2024

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# **Leyla Weighs In: Thyroid Balance**

written by Leyla Muedin MS, RD, CDN | October 3, 2024

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# **Q&A with Leyla, Part 1: Overcoming Horrible Eating Habits**

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# **Q&A with Leyla, Part 1: Vitamin D, Fish Oil, and Autoimmunity**

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