

# **CBD and PTSD, Part 1**

written by Dr. Ronald Hoffman | October 1, 2019

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# **CBD and PTSD, Part 2**

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# **Intelligent Medicine Radio Show for September 28, Part 1**

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# **Intelligent Medicine Radio Show for September 28, Part 2**

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# **Leyla Weighs In: Vitamin B and Hip Fractures**

written by Leyla Muedin MS, RD, CDN | October 1, 2019

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# **How Modern Culture Rewires our Brains and Damages our Health, Part 1**

written by Dr. Ronald Hoffman | October 1, 2019

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# **How Modern Culture Rewires our Brains and Damages our Health, Part 2**

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# **Q&A with Leyla, Part 1: Vitamin D and Bone Density**

written by Dr. Ronald Hoffman | October 1, 2019

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# **Q&A with Leyla, Part 2: Fizzy Water**

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# **Nitric Oxide for Heart Health, Part 1**

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