

Cutting-Edge, Organic, Plant-Based Remedies for Pain, Inflammation, Immunity and More, Part 1

written by Dr. Ronald Hoffman | October 13, 2020

Cutting-Edge, Organic, Plant-Based Remedies for Pain, Inflammation, Immunity and More, Part 2

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ENCORE: Intelligent Medicine Radio Show for October 10, Part 1

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Q&A with Leyla, Part 1: “Trump takes zinc. Maybe you should too.”

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Q&A with Leyla, Part 2: What is the correct dose to take of vitamins C and D to boost immunity?

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Leyla Weighs In: How do you know if you're taking the right supplements?

written by Leyla Muedin MS, RD, CDN | October 13, 2020

Q&A with Leyla, Part 2: Supportive Nutrients for Cognitive Function

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Q&A with Leyla, Part 2: Fruit & Veggie Pills' Outrageous Claims

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Immune Support for Fall, Part 1

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Immune Support for Fall, Part 2

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