### Recovery from Complex Medical Conditions, Part 2

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# ENCORE: Intelligent Medicine Radio for December 3, Part 2: Reverse Cognitive Decline by Decades

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#### Your Chronological vs. Biological Age, Part 2

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## Melatonin—Not Just for Insomnia and Jet Lag, Part 1

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## Melatonin—Not Just for Insomnia and Jet Lag, Part 2

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#### ENCORE: Intelligent Medicine Radio for November 26, Part 1: Vitamin D

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#### ENCORE: Athletic Performance Support, Part 1

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### ENCORE: Athletic Performance Support, Part 2

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# Intelligent Medicine Radio for November 19, Part 1: B Vitamins vs. Covid

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#### Intelligent Medicine Radio for November 19, Part 2: Keto Triples Cancer Chemo Efficacy

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