

Xylitol for Upper Respiratory Infection Prevention, Part 2

written by Dr. Ronald Hoffman | December 22, 2022

Q&A with Leyla, Part 2: Can Coffee Trigger Endorphins?

written by Dr. Ronald Hoffman | December 22, 2022

A Foundational Supplement for Immune and Cardiovascular Health, Part 1

written by Dr. Ronald Hoffman | December 22, 2022

A Foundational Supplement for Immune and Cardiovascular Health, Part 2

written by Dr. Ronald Hoffman | December 22, 2022

Intelligent Medicine Radio for December 17, Part 1: Holidays Hike Heart Risk

written by Dr. Ronald Hoffman | December 22, 2022

Intelligent Medicine Radio for December 17, Part 2: Do coconut oil or butter really clog your arteries?

written by Dr. Ronald Hoffman | December 22, 2022

ENCORE: Intelligent Medicine Radio for December 10, Part 2: Long Covid

written by Dr. Ronald Hoffman | December 22, 2022

Leyla Weighs In: Omegas

written by Leyla Muedin MS, RD, CDN | December 22, 2022

ENCORE: Q&A with Leyla, Part 1: Hyperbaric Oxygen Reverses Aging Process

written by Dr. Ronald Hoffman | December 22, 2022

Recovery from Complex Medical Conditions, Part 1

written by Dr. Ronald Hoffman | December 22, 2022