

# **Neurotransmitter Support for Sleep and Emotional Wellness, Part 1**

written by Dr. Ronald Hoffman | March 13, 2024

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# **Neurotransmitter Support for Sleep and Emotional Wellness, Part 2**

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# **ENCORE: How to Prevent Dementia and Alzheimer's Disease, Part 1**

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# **ENCORE: How to Prevent Dementia and Alzheimer's Disease, Part 2**

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# **Leyla Weighs In: How Sleep Affects Your Gut Health**

written by Leyla Muedin MS, RD, CDN | March 13, 2024

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# **ENCORE: Intelligent Medicine Radio for August 12, Part 2: Improving Stroke Recovery**

written by Dr. Ronald Hoffman | March 13, 2024

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# **ENCORE: How Pulsed Electromagnetic Therapy Can Support Your Innate Healing and Regenerative Capacities, Part 1**

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# **ENCORE: How Pulsed Electromagnetic Therapy Can Support Your Innate Healing and Regenerative Capacities, Part 2**

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# **Daily CBD for Sleep, Soreness and Stress Support, Part 1**

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# **Intelligent Medicine Radio for April 1, Part 1: Tattoo Hazards**

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