

# **Q&A with Leyla, Part 1: Earthquakes, Eclipses, and Diet Debates**

written by Dr. Ronald Hoffman | April 11, 2024

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# **Q&A with Leyla, Part 2: Mastering Metabolism and Soothing Digestion**

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# **Q&A with Leyla, Part 1: Apple Cider Vinegar and Blood Sugar**

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# **Q&A with Leyla, Part 1: Health in Old Age**

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# **Q&A with Leyla, Part 2: Performance Coffee**

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# **ENCORE: Q&A with Leyla, Part 1: Statin Use**

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# **ENCORE: Q&A with Leyla, Part 2: Bronchiectasis**

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# **Q&A with Leyla, Part 1: Spelt Matzoh v. Wheat Matzoh**

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# **Q&A with Leyla, Part 2: Atopic Dermatitis**

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# **Q&A with Leyla, Part 1: Avoiding Microplastics**

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