

## **Q&A with Leyla, Part 1: Highlights from the Integrative Healthcare Symposium**

written by Dr. Ronald Hoffman | March 6, 2019

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## **Q&A with Leyla, Part 2: The Salad and Salmon Diet**

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## **Q&A with Leyla, Part 1: Cardiovascular Fitness**

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## **Q&A with Leyla, Part 2: Reducing LDL Cholesterol**

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## **Q&A with Leyla, Part 1: Ultraprocessed Foods Risk**

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## **Q&A with Leyla, Part 2: Personalized Cancer Medicine**

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## **Q&A with Leyla, Part 1: New Risk Factors for Prolonged TV Watching**

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## **Q&A with Leyla, Part 2: Supplements for Hearing Loss**

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## **Q&A with Leyla, Part 1: Crepey Skin**

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## **Q&A with Leyla, Part 2: Panic Attacks**

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