

# **Q&A with Leyla, Part 1: The Protein ‘Craze’**

written by Dr. Ronald Hoffman | July 25, 2024

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# **Q&A with Leyla, Part 2: Hotel Breakfasts**

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# **Q&A with Leyla, Part 1: “Bioengineered Food Ingredient”**

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# **Q&A with Leyla, Part 2: Organic Produce**

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# **Q&A with Leyla, Part 1: A vegan diet for Alzheimer’s?**

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## **Q&A with Leyla, Part 2: Nighttime Snacking**

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## **Q&A with Leyla, Part 1: Stomach Discomfort**

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## **Q&A with Leyla, Part 2: Migraine**

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## **Q&A with Leyla, Part 1: Muscle Mass**

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## **Q&A with Leyla, Part 2: Overactive Bladder**

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