

# **Q&A with Leyla, Part 2: Menopausal Hot Flashes**

written by Dr. Ronald Hoffman | June 16, 2021

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# **Q&A with Leyla, Part 1: Aerobic Exercise and Appetite Control**

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# **Q&A with Leyla, Part 2: The Instructions Delivered by the mRNA Jab**

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# **Q&A with Leyla, Part 1: Hypoglycemia**

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# **Q&A with Leyla, Part 2: Sleep**

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# **Q&A with Leyla, Part 1: Almost Time for Swimming?**

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## **Q&A with Leyla, Part 2: Aged Garlic Extract for Gingivitis?**

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## **Q&A with Leyla, Part 1: Coronaphobia**

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## **Q&A with Leyla, Part 1: Blood Flow Restriction**

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## **Q&A with Leyla, Part 2: Age-Related Macular Degeneration**

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