

Q&A with Leyla, Part 2: Menopausal Hot Flashes

written by Dr. Ronald Hoffman | June 16, 2021

Q&A with Leyla, Part 1: Aerobic Exercise and Appetite Control

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Q&A with Leyla, Part 2: The Instructions Delivered by the mRNA Jab

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Q&A with Leyla, Part 1: Hypoglycemia

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Q&A with Leyla, Part 2: Sleep

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Q&A with Leyla, Part 1: Almost Time for Swimming?

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Q&A with Leyla, Part 2: Aged Garlic Extract for Gingivitis?

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Q&A with Leyla, Part 1: Coronaphobia

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Q&A with Leyla, Part 1: Blood Flow Restriction

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Q&A with Leyla, Part 2: Age-Related Macular Degeneration

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