

# **Q&A with Leyla, Part 1: Egg Consumption v. Cardiovascular Disease**

written by Dr. Ronald Hoffman | August 24, 2023

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# **Q&A with Leyla, Part 2: Why Most Studies Are Wrong**

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# **Q&A with Leyla, Part 1: A 101 on Salmon**

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# **Q&A with Leyla, Part 2: What about magnesium?**

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# **Q&A with Leyla, Part 1: Cataract Surgery**

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# **Q&A with Leyla, Part 2: Intermittent Fasting**

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# **Q&A with Leyla, Part 1: Telomere Length**

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# **Q&A with Leyla, Part 2: Hemoglobin Levels**

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# **Q&A with Leyla, Part 1: Diabetes**

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# **Q&A with Leyla, Part 2: DNA Testing in Personalized Health Assessments**

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