

Q&A with Leyla, Part 2: Metformin Linked to Cancer?

written by Dr. Ronald Hoffman | November 11, 2020

Leyla Weighs In: Your Microbiome and Your Mental Health

written by Leyla Muedin MS, RD, CDN | November 11, 2020

Leyla Weighs In: Shaping our Microbiome

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ENCORE: The way to a man's heart is through his stomach—literally! Part 1

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ENCORE: The way to a man's heart is through his stomach—literally! Part 2

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Q&A with Leyla, Part 2: The Best Type of Pillow

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Q&A with Leyla, Part 2: What is the correct dose to take of vitamins C and D to boost immunity?

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Biohacking Your Microbiome, Part 1

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Biohacking Your Microbiome, Part 2

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Intelligent Medicine Radio Show for July 18, Part 1

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