# Q&A with Leyla, Part 1: Daylight Savings Time

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### Q&A with Leyla, Part 2: Tinnitus

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#### Q&A with Leyla, Part 2: Diet Therapy

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# ENCORE: A Remarkable Functional Food: Himalayan Tartary Buckwheat, Part 1

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# ENCORE: A Remarkable Functional Food: Himalayan Tartary Buckwheat, Part 2

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# Q&A with Leyla, Part 2: Fasting Blood Sugar

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# Intelligent Medicine Radio for February 18, Part 1: Ohio Train Car Derailment—Vinyl Chloride Hazards

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## ENCORE: Q&A with Leyla, Part 1: Gluten Sensitivity

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# ENCORE: Customizing Your Carb Intake for Optimal Health, Part 1

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# ENCORE: Customizing Your Carb Intake for Optimal Health, Part 2

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