

Leyla Weighs In: Drinking Tea to Burn Fat

written by Leyla Muedin MS, RD, CDN | June 30, 2023

Leyla Weighs In: Metabolism

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ENCORE: The Case for Beef, Part 1

written by Dr. Ronald Hoffman | June 30, 2023

ENCORE: The Case for Beef, Part 2

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Q&A with Leyla, Part 1: Targeted Supplements v. Multivitamins

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ENCORE: Intelligent Medicine Radio for May 13, Part 1: Questionable Pharma Practices

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ENCORE: Intelligent Medicine Radio for May 13, Part 2: Weight Loss Drugs

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Leyla Weighs In: Reversing Your Biological Age

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ENCORE: Intelligent Medicine Radio for May 6, Part 2: Carcinogenic Nitrites in Processed Meat

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Leyla Weighs In: Cultured, 3-D Printed Steak?

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