

Q&A with Leyla, Part 1: Intermittent Fasting

written by Dr. Ronald Hoffman | January 8, 2020

ENCORE: Intelligent Medicine Radio Show for December 28, Part 1

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ENCORE: Intelligent Medicine Radio Show for December 28, Part 2

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Leyla Weighs In: Health In the New Year

written by Leyla Muedin MS, RD, CDN | January 8, 2020

Q&A with Leyla Christmas Edition, Part 1: Heart Failure Helped by CoQ10

written by Dr. Ronald Hoffman | January 8, 2020

Q&A with Leyla Christmas Edition, Part 2: Food Intolerances

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Intelligent Medicine Radio Show for December 21, Part 1

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Intelligent Medicine Radio Show for December 21, Part 2

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Q&A with Leyla, Part 1: Triglycerides and Meat

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Q&A with Leyla, Part 2: Infrared Sauna?

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