

Intelligent Medicine Radio Show for April 2, Part 2

written by Dr. Ronald Hoffman | April 4, 2022

Leyla Weighs In: The Health Benefits of Watermelon

written by Leyla Muedin MS, RD, CDN | April 4, 2022

Q&A with Leyla, Part 1: Is caffeine actually good for you?

written by Dr. Ronald Hoffman | April 4, 2022

Intelligent Medicine Radio Show for March 26, Part 2

written by Dr. Ronald Hoffman | April 4, 2022

Q&A with Leyla, Part 2: Meat-Eating and Life-Expectancy

written by Dr. Ronald Hoffman | April 4, 2022

Intelligent Medicine Radio Show for March 19 Part 1

written by Dr. Ronald Hoffman | April 4, 2022

Intelligent Medicine Radio Show for March 19 Part 2

written by Dr. Ronald Hoffman | April 4, 2022

Leyla Weighs In: What are the obstacles keeping you from eating better?

written by Leyla Muedin MS, RD, CDN | April 4, 2022

ENCORE: Q&A with Leyla, Part 2: Pickleball

written by Dr. Ronald Hoffman | April 4, 2022

Leyla Weighs In: How well is your fat functioning?

written by Leyla Muedin MS, RD, CDN | April 4, 2022