

# **Intelligent Medicine Radio for August 20, Part 2: Toxic Toilet Tissue**

written by Dr. Ronald Hoffman | August 22, 2022

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## **ENCORE: Long-Term Relief of Gas, Bloating, Pain, Diarrhea and Constipation, Part 1**

written by Dr. Ronald Hoffman | August 22, 2022

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## **Leyla Weighs In: The Four Benefits of Polyphenols**

written by Leyla Muedin MS, RD, CDN | August 22, 2022

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## **ENCORE: Q&A with Leyla, Part 1: Oatmeal**

written by Dr. Ronald Hoffman | August 22, 2022

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## **Intelligent Medicine Radio for August 6, Part 1: The Pandemic's Collateral Damage**

written by Dr. Ronald Hoffman | August 22, 2022

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# **Leyla Weighs In: Five Best and Worst Foods for Gut Health**

written by Leyla Muedin MS, RD, CDN | August 22, 2022

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# **Leyla Weighs In: The Lowdown on Organic Foods**

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# **Natural Remedy for Numbness, Tingling, Burning, Pain in the Feet & Legs, Part 1**

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# **Natural Remedy for Numbness, Tingling, Burning, Pain in the Feet & Legs, Part 2**

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# **ENCORE: Q&A with Leyla, Part 1: Diet or exercise for weight loss?**

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