Intelligent Medicine Radio for November 5, Part 1: Why insulin may not be ideal for Type 2 diabetics.

written by Dr. Ronald Hoffman | November 7, 2022

Intelligent Medicine Radio for November 5, Part 2: Sleep Apnea

written by Dr. Ronald Hoffman | November 7, 2022

ENCORE: Q&A with Leyla, Part 1: Magnesium

written by Dr. Ronald Hoffman | November 7, 2022

Q&A with Leyla, Part 2: Grain Free Products

written by Dr. Ronald Hoffman | November 7, 2022

Q&A with Leyla Part 2: Preventing Facial Wrinkles

written by Dr. Ronald Hoffman | November 7, 2022

Intelligent Medicine Radio for October 8, Part 1: Brain Protection

written by Dr. Ronald Hoffman | November 7, 2022

Leyla Weighs In: Bone Broth

written by Leyla Muedin MS, RD, CDN | November 7, 2022

How to Obtain the Full Health Benefits of Dark Chocolate, Part 1

written by Dr. Ronald Hoffman | November 7, 2022

How to Obtain the Full Health Benefits of Dark Chocolate, Part 2

written by Dr. Ronald Hoffman | November 7, 2022

Intelligent Medicine Radio for October 1, Part 1: New Alzheimer's Drug

written by Dr. Ronald Hoffman | November 7, 2022