Intelligent Medicine Radio for February 11, Part 1: The Debate Over Contact Sports

written by Dr. Ronald Hoffman | February 13, 2023

Intelligent Medicine Radio for February 11, Part 2: The Real Nursing Home Scandal

written by Dr. Ronald Hoffman | February 13, 2023

Q&A with Leyla, Part 1: Life Expectancy

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Report: US will trail other nations in life expectancy by 2030; Obesity rates a contributing factor to decreased life expectancy in the US; What are your views about the use of AMPK? Click HERE for part 2.

Q&A with Leyla, Part 1: Children with Obesity

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Q&A with Leyla, Part 2: Sugar Cravings

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Health Inequity, Part 1

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Health Inequity, Part 2

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ENCORE: Everything You've Been Told About Food is Wrong, Part 1

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ENCORE: Everything You've Been Told About Food is Wrong, Part 2

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Q&A with Leyla, Part 2: Circadian Rhythms

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