

## **Q&A with Leyla, Part 2: Food Allergies**

written by Dr. Ronald Hoffman | June 29, 2022

---

## **Q&A with Leyla, Part 2: Sun Protection**

written by Dr. Ronald Hoffman | June 29, 2022

---

## **Q&A with Leyla, Part 1: Muscle Cramps**

written by Dr. Ronald Hoffman | June 29, 2022

---

## **Intelligent Medicine Radio Show for May 28, Part 1**

written by Dr. Ronald Hoffman | June 29, 2022

---

## **Q&A with Leyla, Part 2: Leg Cramps**

written by Dr. Ronald Hoffman | June 29, 2022

---

## **ENCORE: Intelligent Medicine Radio Show for May 21, Part 1**

written by Dr. Ronald Hoffman | June 29, 2022

---

## **Q&A with Leyla, Part 1: Bone Health**

written by Dr. Ronald Hoffman | June 29, 2022

---

## **Q&A with Leyla, Part 1: How quickly does cholesterol fluctuate after a high fat meal?**

written by Dr. Ronald Hoffman | June 29, 2022

---

## **Q&A with Leyla, Part 2: Hair Growth**

written by Dr. Ronald Hoffman | June 29, 2022

---

## **Q&A with Leyla, Part 2: Sleep Apnea**

written by Dr. Ronald Hoffman | June 29, 2022