#### Leyla Weighs In: Shaping our Microbiome

written by Leyla Muedin MS, RD, CDN | October 16, 2020

#### ENCORE: The way to a man's heart is through his stomach—literally! Part 1

written by Dr. Ronald Hoffman | October 16, 2020

### ENCORE: The way to a man's heart is through his stomach—literally! Part 2

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#### Q&A with Leyla, Part 2: The Best Type of Pillow

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# Q&A with Leyla, Part 2: What is the correct dose to take of vitamins C and D to boost immunity?

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## Q&A with Leyla, Part 1: Coconut Yogurt!

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#### Q&A with Leyla, Part 1: Tour De France in the Time of COVID-19

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# Q&A with Leyla, Part 2: CT Cardiac Scoring

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# ENCORE: A Conversation with the "Poop/Worm Doctor," Part 1

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# ENCORE: A Conversation with the "Poop/Worm Doctor," Part 2

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