

ENCORE—Clinical Focus: Low-carb diets increase your risk of dying—Really? Part 1

written by Dr. Ronald Hoffman | August 13, 2020

Q&A with Leyla, Part 1: COVID-19 and Metabolic Syndrome

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ENCORE: Intelligent Medicine Radio Show for July 4, Part 1

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Leyla Weighs In: Natural Sugar Substitutes

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Intelligent Medicine Radio Show for June 27, Part 1

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Leyla Weighs In: Cancer and Metabolism

written by Leyla Muedin MS, RD, CDN | August 13, 2020

Intelligent Medicine Radio Show for May 16, Part 1

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The Role “Metabolic Fitness” Plays In Resistance to the Coronavirus, Part 1

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ENCORE: The Numerous Health Benefits of Mushrooms, Part 1

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Leyla Weighs In: 2020 Diet Rankings

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