ENCORE: How Diet Impacts Psychiatric Conditions, Part 1

written by Dr. Ronald Hoffman | June 1, 2022

ENCORE: How Diet Impacts Psychiatric Conditions, Part 2

written by Dr. Ronald Hoffman | June 1, 2022

Q&A with Leyla, Part 1: Anxiety and/or Panic Disorder

written by Dr. Ronald Hoffman | June 1, 2022

Intelligent Medicine Radio Show for April 9, Part 1

written by Dr. Ronald Hoffman | June 1, 2022

Leyla Weighs In: Reducing Your Risks of Dementia and Afib

written by Leyla Muedin MS, RD, CDN | June 1, 2022

Q&A with Leyla, Part 1: GERD

written by Dr. Ronald Hoffman | June 1, 2022

ENCORE: Rethinking "Catastrophic" Thinking, Part 1

written by Dr. Ronald Hoffman | June 1, 2022

ENCORE: Rethinking "Catastrophic" Thinking, Part 2

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Intelligent Medicine Radio Show for March 19 Part 1

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ENCORE: Brain Wash: Detox Your Mind for Clearer Thinking, Deeper Relationships, and Lasting Happiness, Part 1

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