

## **ENCORE: Intelligent Medicine Radio for November 26, Part 1: Vitamin D**

written by Dr. Ronald Hoffman | November 28, 2022

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## **ENCORE: Intelligent Medicine Radio for November 26, Part 2: Joint Health**

written by Dr. Ronald Hoffman | November 28, 2022

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## **Intelligent Medicine Radio for November 19, Part 1: B Vitamins vs. Covid**

written by Dr. Ronald Hoffman | November 28, 2022

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## **Intelligent Medicine Radio for November 12, Part 1: Slowing Biological Aging**

written by Dr. Ronald Hoffman | November 28, 2022

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## **Intelligent Medicine Radio for November 12, Part 2: Autoimmune Diseases and the Microbiome**

written by Dr. Ronald Hoffman | November 28, 2022

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## **Stress and Sleep Support During the Holidays, Part 1**

written by Dr. Ronald Hoffman | November 28, 2022

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## **Stress and Sleep Support During the Holidays, Part 2**

written by Dr. Ronald Hoffman | November 28, 2022

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## **ENCORE: The Scientific Basis for Acupuncture, Part 1**

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## **ENCORE: The Scientific Basis for Acupuncture, Part 2**

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## **Intelligent Medicine Radio for October 29, Part 1: Diet Matters for Mental Health**

written by Dr. Ronald Hoffman | November 28, 2022