

ENCORE: Debunking Myths about Irritable Bowel Syndrome, Part 1

written by Dr. Ronald Hoffman | September 14, 2021

Leyla Weighs In: Refined Avocado Oil

written by Leyla Muedin MS, RD, CDN | September 14, 2021

Intelligent Medicine Radio Show for August 21, Part 1

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Leyla Weighs In: The Gut-Brain Connection

written by Leyla Muedin MS, RD, CDN | September 14, 2021

Natural Sleep and Stress Support, Part 1

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Natural Sleep and Stress Support, Part

2

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Q&A with Leyla, Part 2: Ear Pressure While Flying

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ENCORE: Ending Panic, Anxiety and Claustrophobia, Part 1

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ENCORE: Ending Panic, Anxiety and Claustrophobia, Part 2

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Leyla Weighs In: Fish Oil's Antidepressant Effects

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