Q&A with Leyla, Part 1

written by Dr. Ronald Hoffman | October 16, 2019

Curcumin and Magnesium for Brain Health, Part 1

written by Dr. Ronald Hoffman | October 16, 2019

Curcumin and Magnesium for Brain Health, Part 2

written by Dr. Ronald Hoffman | October 16, 2019

Intelligent Medicine Radio Show for July 27, Part 2

written by Dr. Ronald Hoffman | October 16, 2019

Leyla Weighs In: Magnesium for Depression?

written by Leyla Muedin MS, RD, CDN | October 16, 2019

Q&A with Leyla, Part 2: The Salad and

Salmon Diet

written by Dr. Ronald Hoffman | October 16, 2019

Q&A with Leyla, Part 2

written by Dr. Ronald Hoffman | October 16, 2019

Intelligent Medicine Radio Show for November 17, Part 2

written by Dr. Ronald Hoffman | October 16, 2019

Leyla Weighs In: Why does alcohol give you the munchies?

written by Leyla Muedin MS, RD, CDN | October 16, 2019

Q&A with Leyla, Part 2

written by Dr. Ronald Hoffman | October 16, 2019