

ENCORE: Q&A with Leyla, Part 1: Gut Bacteria and Cholesterol

written by Dr. Ronald Hoffman | October 3, 2024

Leyla Weighs In: Is Your Medication Depleting Your Magnesium?

written by Leyla Muedin MS, RD, CDN | October 3, 2024

ENCORE: Q&A with Leyla, Part 2: Varicose Veins

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Unraveling Magnesium's Vital Role in Your Health with Patrick Sullivan, Part 1

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Unraveling Magnesium's Vital Role in Your Health with Patrick Sullivan, Part 2

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