## Q&A with Leyla, Part 2: Russian Peptides

written by Dr. Ronald Hoffman | January 23, 2020

## Q&A with Leyla, Part 1: Intermittent Fasting

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### Q&A with Leyla Christmas Edition, Part 2: Food Intolerances

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# How Modern Culture Rewires our Brains and Damages our Health, Part 1

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# Intelligent Medicine Radio Show for July 27, Part 1

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## Q&A with Leyla, Part 1: Preventing Childhood Colds

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### Leyla Weighs In: Carb Sensitivity

written by Leyla Muedin MS, RD, CDN | January 23, 2020

## Q&A with Leyla, Part 1

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### Q&A with Leyla, Part 1

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