

ENCORE: Intelligent Medicine Radio for December 31, Part 2: The Benefits of Tea

written by Dr. Ronald Hoffman | January 2, 2023

ENCORE: Intelligent Medicine Radio for December 24, Part 1: Fending off Cognitive Decline

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ENCORE: Intelligent Medicine Radio for December 24, Part 2: Curbing Stroke Damage

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Intelligent Medicine Radio for December 17, Part 1: Holidays Hike Heart Risk

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Intelligent Medicine Radio for

December 17, Part 2: Do coconut oil or butter really clog your arteries?

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