#### Recovery from Complex Medical Conditions, Part 1

written by Dr. Ronald Hoffman | December 6, 2022

#### Recovery from Complex Medical Conditions, Part 2

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# Intelligent Medicine Radio for December 3, Part 1: Regular Sauna Use Confers Anti-Aging Benefits

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# ENCORE: Intelligent Medicine Radio for December 3, Part 2: Reverse Cognitive Decline by Decades

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### Q&A with Leyla, Part 1: Dr. Hoffman's Experience with Covid

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#### ENCORE: Intelligent Medicine Radio for November 26, Part 1: Vitamin D

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#### ENCORE: Intelligent Medicine Radio for November 26, Part 2: Joint Health

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## Intelligent Medicine Radio for November 19, Part 1: B Vitamins vs. Covid

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## Intelligent Medicine Radio for November 12, Part 2: Autoimmune Diseases and the Microbiome

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#### Q&A with Leyla, Part 1: Sinus Fungal Infection

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