

# **ENCORE: Intelligent Medicine Radio for December 10, Part 2: Long Covid**

written by Dr. Ronald Hoffman | December 12, 2022

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## **Recovery from Complex Medical Conditions, Part 1**

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## **Recovery from Complex Medical Conditions, Part 2**

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## **Intelligent Medicine Radio for December 3, Part 1: Regular Sauna Use Confers Anti-Aging Benefits**

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## **ENCORE: Intelligent Medicine Radio for December 3, Part 2: Reverse Cognitive Decline by Decades**

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# **Q&A with Leyla, Part 1: Dr. Hoffman's Experience with Covid**

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## **ENCORE: Intelligent Medicine Radio for November 26, Part 1: Vitamin D**

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## **ENCORE: Intelligent Medicine Radio for November 26, Part 2: Joint Health**

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## **ENCORE: Leyla Weighs In: Mushrooms**

written by Leyla Muedin MS, RD, CDN | December 12, 2022

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## **Intelligent Medicine Radio for November 19, Part 1: B Vitamins vs. Covid**

written by Dr. Ronald Hoffman | December 12, 2022