

Leyla Weighs In: Cutting Out Sugar and Starch for IBS Relief

written by Leyla Muedin MS, RD, CDN | September 27, 2024

Leyla Weighs In: IBS Treatment Strategies—Dietary Tips and Lifestyle Advice

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ENCORE: Q&A with Leyla, Part 1: Physical Activity and Memory

written by Dr. Ronald Hoffman | September 27, 2024

Leyla Weighs In: Inflammatory Bowel Disease

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Leyla Weighs In: Food Dye

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ENCORE: Q&A with Leyla, Part 2: SIBO, IBS, Colitis

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Intelligent Medicine Radio for June 11, Part 2: Addiction-Susceptibility

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ENCORE: The Role of the Digestive Tract in Determining Overall Health, Part 1

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ENCORE: Debunking Myths about Irritable Bowel Syndrome, Part 1

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Leyla Weighs In: Inflammatory Bowel Disease Linked to Doubling of Dementia Risk

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