

Intelligent Medicine Radio for October 29, Part 2: Will green-tinted glasses help pain sufferers?

written by Dr. Ronald Hoffman | October 31, 2022

Intelligent Medicine Radio for October 15, Part 2: Long Covid Breakthrough?

written by Dr. Ronald Hoffman | October 31, 2022

Five Ways to Lower Your Blood Pressure, Part 1

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Five Ways to Lower Your Blood Pressure, Part 2

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Intelligent Medicine Radio for September 24, Part 1: The Power of Cold Exposure

written by Dr. Ronald Hoffman | October 31, 2022

ENCORE: Q&A with Leyla, Part 2: Twitching

written by Dr. Ronald Hoffman | October 31, 2022

Intelligent Medicine Radio Show for June 4, Part 1

written by Dr. Ronald Hoffman | October 31, 2022

Leyla Weighs In: Anxiety and Seasonal Allergies

written by Leyla Muedin MS, RD, CDN | October 31, 2022

Q&A with Leyla, Part 1: SOS! Save Our Supplements!

written by Dr. Ronald Hoffman | October 31, 2022

ENCORE: Intelligent Medicine Radio Show for January 1, Part 1

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