

Leyla Weighs In: High Blood Pressure

written by Leyla Muedin MS, RD, CDN | April 5, 2024

Q&A with Leyla, Part 2: Vaginal Atrophy

written by Dr. Ronald Hoffman | April 5, 2024

Intelligent Medicine Radio for April 1, Part 2: Keto Matzoh Balls?

written by Dr. Ronald Hoffman | April 5, 2024

Intelligent Medicine Radio for March 18, Part 1: Spring Allergies

written by Dr. Ronald Hoffman | April 5, 2024

Intelligent Medicine Radio for February 18, Part 1: Ohio Train Car Derailment–Vinyl Chloride Hazards

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Q&A with Leyla, Part 1: Bone Health Protocols

written by Dr. Ronald Hoffman | April 5, 2024

Leyla Weighs In: Coffee

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A Foundational Supplement for Immune and Cardiovascular Health, Part 1

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ENCORE: Intelligent Medicine Radio for December 3, Part 2: Reverse Cognitive Decline by Decades

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Intelligent Medicine Radio for November 12, Part 1: Slowing Biological Aging

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