

Tips to Keep your Heart Strong, Part 1

written by Dr. Ronald Hoffman | February 4, 2020

Tips to Keep your Heart Strong, Part 2

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Leyla Weighs In: Vegan Cheese

written by Leyla Muedin MS, RD, CDN | February 4, 2020

Q&A with Leyla, Part 1: Coronavirus Update

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ENCORE: Challenging Cholesterol Phobia, Part 1

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ENCORE: Challenging Cholesterol Phobia, Part 2

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Q&A with Leyla, Part 2: Vitamin B6, Vitamin D, CoQ10 and more!

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Q&A with Leyla Christmas Edition, Part 1: Heart Failure Helped by CoQ10

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Intelligent Medicine Radio Show for December 21, Part 1

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Leyla Weighs In: Depression and Exhaustion

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