

# **The Key Nutrients You Need to Optimize Your Cardiovascular Health, Part 2**

written by Dr. Ronald Hoffman | August 4, 2022

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## **Q&A with Leyla, Part 1: Vitamin D Benefits**

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## **Q&A with Leyla, Part 2: Coronary Calcium**

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## **Intelligent Medicine Radio for July 16, Part 1: Could fasting be the key to curbing Covid severity?**

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## **Intelligent Medicine Radio for July 16, Part 2: Long Covid**

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## **Q&A with Leyla, Part 2: Loss of Taste and Smell**

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## **Intelligent Medicine Radio for July 9, Part 1: Natural Help for Migraines**

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## **Intelligent Medicine Radio for July 2, Part 1: The “Girth of July”**

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## **Intelligent Medicine Radio for July 2, Part 2: Susceptibility to Cognitive Decline**

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## **Q&A with Leyla, Part 1: What is the supplement that can reduce Alzheimer’s by as much as 47%?**

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