

# **Intelligent Medicine Radio for October 1, Part 2: Vitamin D vs. Dementia**

written by Dr. Ronald Hoffman | October 3, 2022

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## **Five Ways to Lower Your Blood Pressure, Part 1**

written by Dr. Ronald Hoffman | October 3, 2022

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## **Five Ways to Lower Your Blood Pressure, Part 2**

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## **Intelligent Medicine Radio for September 24, Part 1: The Power of Cold Exposure**

written by Dr. Ronald Hoffman | October 3, 2022

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## **Intelligent Medicine Radio for September 24, Part 2: Sleep Deprivation**

written by Dr. Ronald Hoffman | October 3, 2022

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# **Leyla Weighs In: Statin Therapy, Fourth in a Series**

written by Leyla Muedin MS, RD, CDN | October 3, 2022

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# **Leyla Weighs In: Statin Therapy, Third in a Series**

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# **Leyla Weighs In: Statin Therapy, Second in a Series**

written by Leyla Muedin MS, RD, CDN | October 3, 2022

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# **Leyla Weighs In: Statin Therapy**

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# **Q&A with Leyla, Part 2: Afib & Low Carb Diets**

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