

ENCORE: Q&A with Leyla, Part 1: Multivitamin v. Targeted Supplements

written by Dr. Ronald Hoffman | November 28, 2024

Aged Garlic Extract: A Cardiovascular Game-Changer, Part 1

written by Dr. Ronald Hoffman | November 28, 2024

Aged Garlic Extract: A Cardiovascular Game-Changer, Part 2

written by Dr. Ronald Hoffman | November 28, 2024

Nutrition and Cardiovascular Health: Expert Advice from Neil Levin, Part 1

written by Dr. Ronald Hoffman | November 28, 2024

Nutrition and Cardiovascular Health: Expert Advice from Neil Levin, Part 2

written by Dr. Ronald Hoffman | November 28, 2024

ENCORE: Q&A with Leyla, Part 1: Gut Bacteria and Cholesterol

written by Dr. Ronald Hoffman | November 28, 2024

Beyond Cholesterol: Holistic Approaches to Cardiovascular Health, Part 1

written by Dr. Ronald Hoffman | November 28, 2024

Beyond Cholesterol: Holistic Approaches to Cardiovascular Health, Part 2

written by Dr. Ronald Hoffman | November 28, 2024

ENCORE: Q&A with Leyla, Part 1: L-arginine for Erectile Dysfunction?

written by Dr. Ronald Hoffman | November 28, 2024

ENCORE: Q&A with Leyla, Part 2: Atrial Fibrillation

written by Dr. Ronald Hoffman | November 28, 2024