

Intelligent Medicine Radio for April 8, Part 1: Fish Oil v. Cognitive Decline

written by Dr. Ronald Hoffman | April 10, 2023

Q&A with Leyla, Part 1: Sleep Strategy

written by Dr. Ronald Hoffman | April 10, 2023

Q&A with Leyla, Part 1: Dr. Hoffman's Biking Trip in Death Valley

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ENCORE: Intelligent Medicine Radio for December 31, Part 1: Menopause Woes

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ENCORE: Intelligent Medicine Radio for December 24, Part 2: Curbing Stroke Damage

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ENCORE: Intelligent Medicine Radio for December 10, Part 2: Long Covid

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Leyla Weighs In: Omegas

written by Leyla Muedin MS, RD, CDN | April 10, 2023

ENCORE: Q&A with Leyla, Part 1: Hyperbaric Oxygen Reverses Aging Process

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Intelligent Medicine Radio for November 19, Part 2: Keto Triples Cancer Chemo Efficacy

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ENCORE: Q&A with Leyla, Part 2: Kidney Stones

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