

# **Leyla Weighs In: Sperm Quality and Diet—The Role of Ultra-Processed Foods**

written by Leyla Muedin MS, RD, CDN | October 4, 2024

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## **ENCORE: Factors That Affect Fertility, Part 1**

written by Dr. Ronald Hoffman | October 4, 2024

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## **ENCORE: Factors That Affect Fertility, Part 2**

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## **ENCORE: A Revolution In Our Understanding of Vitamin D, Part 1**

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## **ENCORE: Optimizing Fertility for Couples, Part 1**

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# **ENCORE: Optimizing Fertility for Couples, Part 2**

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