# Leyla Weighs In: Sperm Quality and Diet—The Role of Ultra-Processed Foods

written by Leyla Muedin MS, RD, CDN | October 4, 2024

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# ENCORE: Factors That Affect Fertility, Part 1

written by Dr. Ronald Hoffman | October 4, 2024

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# ENCORE: Factors That Affect Fertility, Part 2

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# ENCORE: A Revolution In Our Understanding of Vitamin D, Part 1

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# ENCORE: Optimizing Fertility for Couples, Part 1

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# ENCORE: Optimizing Fertility for Couples, Part 2

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