# Integrative Optometry with Dr. Julie Poteet: Preventing Vision Loss Through Nutrition, Part 1

written by Dr. Ronald Hoffman | August 14, 2024

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# Integrative Optometry with Dr. Julie Poteet: Preventing Vision Loss Through Nutrition, Part 2

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# Leyla Weighs In: AMD

written by Leyla Muedin MS, RD, CDN | August 14, 2024

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# Q&A with Leyla, Part 2: Glaucoma vs. Cataracts

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# Foods That Support Healthy Vision, Part 1

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# Foods That Support Healthy Vision, Part 2

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# Melatonin—Not Just for Insomnia and Jet Lag, Part 1

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# Intelligent Medicine Radio for November 12, Part 1: Slowing Biological Aging

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# Intelligent Medicine Radio for June 25, Part 2: Long Covid—Probiotics May Speed Recovery

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# Intelligent Medicine Radio for June 18, Part 2: Reversing Cognitive Decline

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