Integrative Optometry with Dr. Julie Poteet: Preventing Vision Loss Through Nutrition, Part 1

written by Dr. Ronald Hoffman | August 14, 2024

Integrative Optometry with Dr. Julie Poteet: Preventing Vision Loss Through Nutrition, Part 2

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Leyla Weighs In: AMD

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Q&A with Leyla, Part 2: Glaucoma vs. Cataracts

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Foods That Support Healthy Vision, Part 1

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Foods That Support Healthy Vision, Part 2

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Melatonin—Not Just for Insomnia and Jet Lag, Part 1

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Intelligent Medicine Radio for November 12, Part 1: Slowing Biological Aging

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