### Intelligent Medicine Radio Show for July 24, Part 1

written by Dr. Ronald Hoffman | July 26, 2021

#### Intelligent Medicine Radio Show for June 19, Part 1

written by Dr. Ronald Hoffman | July 26, 2021

#### Intelligent Medicine Radio Show for June 12, Part 2

written by Dr. Ronald Hoffman | July 26, 2021

## Leyla Weighs In: Exercise Induced Improvements in Cognition

written by Leyla Muedin MS, RD, CDN | July 26, 2021

## Q&A with Leyla, Part 1: Aerobic Exercise and Appetite Control

written by Dr. Ronald Hoffman | July 26, 2021

### ENCORE: Intelligent Medicine Radio Show for May 29, Part 1

written by Dr. Ronald Hoffman | July 26, 2021

# Leyla Weighs In: Why are some of us hungry all the time?

written by Leyla Muedin MS, RD, CDN | July 26, 2021

### Q&A with Leyla, Part 1: Almost Time for Swimming?

written by Dr. Ronald Hoffman | July 26, 2021

# Intelligent Medicine Radio Show for May 1, Part 1

written by Dr. Ronald Hoffman | July 26, 2021

## Intelligent Medicine Radio Show for May 1, Part 2

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