

Leyla Weighs In: Sickeningly Sweet

written by Leyla Muedin MS, RD, CDN | June 14, 2019

Intelligent Medicine Radio Show for June 8, Part 2

written by Dr. Ronald Hoffman | June 14, 2019

Leyla Weighs In: “Skip to my Lou”

written by Leyla Muedin MS, RD, CDN | June 14, 2019

Q&A with Leyla, Part 1: MRSA Infection at the Gym

written by Dr. Ronald Hoffman | June 14, 2019

Leyla Weighs In: Magnesium for Depression?

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ENCORE: Strength Training vs. Aerobic Exercise, Part 1

written by Dr. Ronald Hoffman | June 14, 2019

ENCORE: Strength Training vs. Aerobic Exercise, Part 2

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Intelligent Medicine Radio Show for April 27, Part 1

written by Dr. Ronald Hoffman | June 14, 2019

Q&A with Leyla, Part 2: Morning v. Evening Vitamins

written by Dr. Ronald Hoffman | June 14, 2019

ENCORE: Intelligent Medicine Radio Show for April 13, Part 1

written by Dr. Ronald Hoffman | June 14, 2019