

Leyla Weighs In: Exercise to Protect Against Alzheimer's

written by Leyla Muedin MS, RD, CDN | October 11, 2019

How Modern Culture Rewires our Brains and Damages our Health, Part 1

written by Dr. Ronald Hoffman | October 11, 2019

Q&A with Leyla, Part 2: Gummy Vitamins

written by Dr. Ronald Hoffman | October 11, 2019

Q&A with Leyla Part 2: Blood Pressure

written by Dr. Ronald Hoffman | October 11, 2019

ENCORE: Intelligent Medicine Radio Show for August 17, Part 2

written by Dr. Ronald Hoffman | October 11, 2019

Intelligent Medicine Radio Show for August 10, Part 2

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Q&A with Leyla, Part 1: Autism Risk

written by Dr. Ronald Hoffman | October 11, 2019

Intelligent Medicine Radio Show for July 6, Part 1

written by Dr. Ronald Hoffman | October 11, 2019

Intelligent Medicine Radio Show for June 15, Part 1

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Intelligent Medicine Radio Show for June 15, Part 2

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