

Q&A with Leyla, Part 1: Blood Flow Restriction

written by Dr. Ronald Hoffman | April 28, 2021

Q&A with Leyla, Part 1: Who should and shouldn't take the Covid vaccine?

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Intelligent Medicine Radio Show for April 17, Part 1

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Intelligent Medicine Radio Show for April 17, Part 2

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Q&A with Leyla, Part 2: Spinal Stenosis and Athletic Yoga

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Intelligent Medicine Radio Show for January 30, Part 2

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Intelligent Medicine Radio Show for January 23, Part 2

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Intelligent Medicine Radio Show for January 2, Part 2

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Q&A with Leyla, Part 1: Exercise Immunology

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ENCORE: Intelligent Medicine Radio Show for December 26, Part 2

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